

Canolfan Hamdden Plascrug Leisure Centre

Summer Holidays Pool Timetable

Monday 21 July → Sunday 31 August 2025

****We advise pre-booking for all session, due to limited numbers****

Monday	Lane Swim 7.15-8am	Lane Swim 8.00-8.45am		Family Swim 11.15-12pm	Lane Swim 12 - 12.45pm	Family Swim 12.45- 1.30pm	Family Swim 1.30-2.15pm	Family Swim 2.15-3pm	Family Swim 3-3.45pm		Family Swim 5-5.45pm	Family Swim 5.45-6.30pm	Lane Swim 6.30-7.15pm	
Tuesday				Family Swim 11.15-12pm	Family Swim 12 - 12.45pm	Family Swim 12.45- 1.30pm	Family Swim 1.30-2.15pm	FREE CHILD SWIM 2.15-3pm	Family Swim 3-3.45pm		Family Swim 5-5.45pm	Lane Swim 5.45-6.30pm		
Wednesday	Lane Swim 7.15-8am	Lane Swim 8.00-8.45am		Inflatable Session*							Family Swim 5-5.45pm	Family Swim 5.45-6.30pm	Lane Swim 6.30-7.15pm	
Thursday		Lane Swim 8.00-8.45am		Family Swim 11.15-12pm	Family Swim 12 - 12.45pm	Family Swim 12.45- 1.30pm	Family Swim 1.30-2.15pm	FREE CHILD SWIM 2.15-3pm	Family Swim 3-3.45pm	Family Swim 3.45-4.30pm	Family Swim 4.30-5.15pm	Family Swim 5.15-6pm	Lane Swim 6-6.45pm	Lane Swim 6.45-7.30pm
Friday	Lane Swim 7.15-8am	Lane Swim 8.00-8.45am		Family Swim 11.15-12pm	Lane Swim 12 - 12.45pm	Family Swim 12.45- 1.30pm	Family Swim 1.30-2.15pm	Family Swim 2.15 -3pm	Family Swim 3-3.45pm	Family Swim 3.45-4.30pm	Family Swim 4.30-5.15pm	Family Swim 5.15-6pm	Lane Swim 6-6.45pm	Lane Swim 6.45-7.30pm
Saturday			Family Swim 10-10.45am	Family Swim 10.45-11.30am	Family Swim 11.30-12.15pm	FUN SESSION 12.15- 1pm	Family Swim 1.15-2pm	Family Swim 2-2.45pm	Family Swim 2.45-3.30pm	Main Pool				
Sunday			Family Swim 10-10.45am	Family Swim 10.45-11.30am	Family Swim 11.30-12.15pm	Family Swim 12.15 - 1pm	Family Swim 1-1.45pm							

Monday		Family Swim 8.00-8.45am	Closed for lessons	Family Swim 11.15-12pm	Family Swim 12-12.45pm	Family Swim 12.45- 1.30pm	Family Swim 1.30-2.15pm	Family Swim 2.15-3pm	Family Swim 3-3.45pm		Family Swim 5-5.45pm	Family Swim 5.45-6.30pm	Family Swim 6.30-7.15pm	
Tuesday			Closed for lessons	Family Swim 11.15-12pm	Family Swim 12-12.45pm	Family Swim 12.45- 1.30pm	Family Swim 1.30-2.15pm	FREE CHILD SWIM 2.15-3pm	Family Swim 3-3.45pm		Family Swim 5-5.45pm	Family Swim 5.45-6.30pm		
Wednesday		Family Swim 8.00-8.45am	Closed for lessons		Family Swim 12-12.45pm	Family Swim 1-1.45pm	Family Swim 2-2.45pm				Family Swim 5-5.45pm	Family Swim 5.45-6.30pm	Family Swim 6.30-7.15pm	
Thursday		Family Swim 8.00-8.45am	Closed for lessons	Family Swim 11.15-12pm	Family Swim 12-12.45pm	Family Swim 12.45- 1.30pm	Family Swim 1.30-2.15pm	FREE CHILD SWIM 2.15-3pm	Family Swim 3-3.45pm	Family Swim 3.45-4.30pm	Family Swim 4.30-5.15pm	Family Swim 5.15-6pm	Family Swim 6-6.45pm	Family Swim 6.45-7.30pm
Friday		Family Swim 8.00-8.45am	Closed for lessons	Family Swim 11.15-12pm	Family Swim 12-12.45pm	Family Swim 12.45- 1.30pm	Family Swim 1.30-2.15pm	Family Swim 2.15-3pm	Family Swim 3-3.45pm	Fun Session 3.45-4.30pm	Fun Session 4.30-5.15pm	Family Swim 5.15-6pm	Family Swim 6-6.45pm	Family Swim 6.45-7.30pm
Saturday				Family Swim 10-10.45am	Family Swim 10.45-11.30am	Family Swim 11.30-12.15pm	Family Swim 12.15- 1pm	Family Swim 1.15-2pm	Family Swim 2-2.45pm	Family Swim 2.45-3.30pm	Small Pool			
Sunday				Family Swim 10-10.45am	Family Swim 10.45-11.30am	Family Swim 11.30-12.15pm	Family Swim 12.15- 1pm	Family Swim 1-1.45pm						

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