

# Extra-curricular Sport Penweddig PE Department



**January 2018**



## **MONDAYS**

**Netball (Yrs. 7 - 8):** Netball courts @ 12:50 - 1:20pm

**Dance / 'Hip-hop' (Yrs. 7 - 9):** NAB @ 12.50 - 1.40pm

**Girls Football (Yrs. 7 - 10):** Fields / Leisure centre @ 3:30 - 4:30pm

**Boys Rugby (Year 7):** Fields @ 3:30 - 4:30pm

**Young Gyms (Yrs. 9 - 11):** Plascrug LC @ 3:45 - 4:45pm **£2.00**

**Wheelchair Basketball (Yrs. 7 - 13):** Penglais Sports Hall @ 4:00 - 5:00pm

## **TUESDAYS**

**Netball (Yrs. 10 a 11):** Netball courts @ 12:50 - 1:20pm

**Boys Rugby (Yrs. 8, 10 & Seniors):** Fields @ 3:30 - 4:30pm

**Girls Hockey (Yr. 9 & Seniors):** Fields @ 3:30 - 4:30pm

**\*\*\* *Inter-school matches are EVERY WEDNESDAY EVENING* \*\*\***

## **THURSDAYS**

**Netball (Year 7):** Netball Courts @ 12:50 - 1:30pm

**\*\*NEW!\*\* 6-a-side Cricket (Yrs. 7 - 9):** Plascrug LC @ 12:50 - 1:30pm

**Weekly practices will depend on the matches for the week - to be confirmed each week!**

## **FRIDAYS**

**Girls Rugby (Yrs. 10 - 13):** Fields @ 3:30 - 4:30pm

For more information go and speak to Mr A Myrddin, Mrs N Williams or Mrs P Thomas  
(PE Department) Ifan Thomas (Rugby Officer) Stefano (AYP Officer)