

Extra-curricular Sport Penweddig PE Department



Sept - December 2017



MONDAYS

Netball (Yrs. 7 - 8): Netball courts @ 12:50 - 1:20pm

Dance / 'Hip-hop' (Yrs. 7 - 9): NAB @ 12.50 - 1.40pm

Girls Football (Yrs. 7 - 10): Fields / Leisure centre @ 3:30 - 4:30pm

Boys Rugby (Year 7): Fields @ 3:30 - 4:30pm

Young Gyms (Yrs. 9 - 11): Plascrug LC @ 3:45 - 4:45pm £2.00

'IZB' Basketball (Yrs. 7 - 13): Penglais Sports Hall @ 4:00 - 5:00pm

TUESDAYS

Netball (Yrs. 10 a 11): Netball courts @ 12:50 - 1:20pm

Boys Rugby (Yrs. 8, 10 & Seniors): Fields @ 3:30 - 4:30pm

Girls Hockey (Yr. 9 & Seniors): Fields @ 3:30 - 4:30pm

*** *Inter-school matches are EVERY WEDNESDAY EVENING* ***

THURSDAYS

Netball (Year 7): Netball Courts @ 12:50 - 1:30pm

Basketball (Yrs. 7 - 9): Plascrug LC @ 12:50 - 1:30pm

Weekly practices will depend on the matches for the week - to be confirmed each week!

FRIDAYS

Girls Rugby (Yrs. 10 - 13): Fields @ 3:30 - 4:30pm

** IMPORTANT: no-one is to go into the sports hall without a member of staff present **

For more information go and speak to Mr A Myrddin, Mrs N Williams or Mrs P Thomas
(PE Department) Ifan Thomas (Rugby Officer) Nia (AYP Officer)