



Penglais Sports Clubs



SEPTEMBER 2017

MONDAYS

Basketball Skills (Yrs 7 - 11) - Sports hall @ 12.20 - 1.05pm

'I Z B' Basketball (Yrs 7 - 13) - Sports Hall @ 3.45 - 4.45pm

Young Gyms (Yrs 9 - 13) - Plascrug LC @ 3.45 - 4.45pm £2

TUESDAYS



Hip-hop / Dance (Yrs 7 - 10) - School gym @ 12.20 - 1.00pm



Girl's Football (Yrs 7 - 10) - School Fields / Sports Hall @ 3.15 - 4.15pm

WEDNESDAYS

Badminton Club (Year 7 ONLY) - Sports Hall @ 12.20 - 1.05pm

THURSDAYS

Badminton Club (Yrs 8, 9, 10, 11) - Sports Hall @ 3.15 - 4.15pm

FRIDAYS

Fun Games (Year 7+8 ONLY) - Sports hall @ 12.20 - 1.05pm



Girls Bench ball (Years 7 - 9) - Gym @ 12.20 - 1.05pm

For more information, see the 5x60 Noticeboard or speak Nia (5x60)